

SAMPLE SURGERY CLEARANCE LETTER

MALE CHEST RECONSTRUCTION

Date

Re: DOB:

Dear Dr. :

(Client name) has been a client of (your organization) from (date) to (date). Mr has a transmasculine gender identity, which is well established and stable. He notes he first knew his assigned sex differed from his gender identity at (age). He has been living consistently and successfully in the gender role that is congruent with his identity since at least (date) and (if taking hormones) on hormone therapy since (date). I met with Mr for an independent mental health evaluation on (date). It is my clinical opinion that he fits the criteria for Gender Dysphoria of Adulthood (ICD-9 302.85). He reports symptoms of anxiety, which he feels are exacerbated by the Dysphoria. He relates much of his Gender Dysphoria to his chest size. He binds his chest tightly to feel more comfortable in his body, which causes pain. Mr has expressed a persistent desire for male chest reconstruction surgery since (date/establishing care with us). His friends and family are supportive of his decision to move forward with his transition. He is stably housed in (city) and has a plan for post-operative recovery. I believe (name) would benefit greatly both medically and psychologically from male chest reconstruction surgery.

Additionally, Mr is psychologically stable for surgery. There is no evidence of any symptoms of psychosis or disturbances in personality. He does not smoke cigarettes or drink alcohol, and he has no history of drug abuse.

Mr has met the WPATH SOCV7 criteria for surgery. I have discussed risks, benefits, limitations and alternatives of surgery with him, and I feel he has an excellent understanding, given his persistent desire for a male chest reconstruction; I have assessed his readiness for surgery and have decided to fully support his decision to move forward. I hereby recommend and refer Mr for this surgery. Please feel free to contact me with any questions or concerns at (phone #).

Sincerely,

(Your name and credentials)

LCS

NPI